

# SAMANTHA KUMAR

## Personal

- Address**  
44 Broadhurst St  
Stockport SK3 8DT
- Phone number**  
+44 7999 123456
- Email**  
example@cvmaker.uk
- Date of birth**  
09-10-1997
- Nationality**  
Female
- Driving licence**  
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- LinkedIn**  
<https://linkedin.com/in/samantha-kumar>

## Professional Skills

- First aid** ●●●●●
- Health and safety compliance** ●●●●●
- Medication provision** ●●●●●
- Mental health knowledge** ●●●●●
- Microsoft Excel** ●●●●●
- Microsoft Word** ●●●●●
- Care plan development** ●●●●●
- Safeguarding** ●●●●●
- Sit to stand lift** ●●●●●
- File management** ●●●●●

## Personal Skills

- Active listening
- Adaptive
- Communication skills - written and verbal
- Compassion and empathy
- Gentle
- Patience
- Positive and uplifting attitude

## Interests

- Volunteering at Shout UK (Help people facing crisis with collaborative safe problem solving)

## Languages

- French ●●●●●

An energetic, compassionate, caring and flexible individual with 4 + years experience with assisting developing and following personal care plans notably for those struggling with mental health in an acute and challenging phase of their journey towards recovery. Experienced with managing challenging caseloads whilst always remaining a positive and sensitive approach to giving high standard of care and communication to clients, families, staff and visitors. Keen to finding a new position at a caring and open-minded mental-health focused organisation to further my career and make an impact.

## Work experience

**Support Worker** Feb 2021 - Present  
[Salvation Army, Manchester](#)

- First aid level 2 qualified.
- Gained knowledge on housing and funding streams, supporting and led 5 major projects.
- Communicate directly with clients, external agencies, community workers and colleagues.
- Supporting, encouraging and managing a caseload of vulnerable, homeless young people.
- Responsible for adequate supplies and upkeep of needed items; toiletries, clothes etc.
- Participating in staff meetings to review operational effectiveness, changes in policies and procedures, and in-service training increasing productivity.

**Residential Support Worker** Jun 2020 - Dec 2020  
[Ladybrook Manor, Greater Manchester Area](#)

- Giving direct care to children and young adults meeting the physical, emotional, intellectual, social and cultural needs of children within a care setting.
- Providing a supportive and nurturing environment in which children/young adults can feel secure and free from harm. A safe space to communicate their needs and be themselves.
- Updating each person's risk assessments and daily diaries, to ensure the needs are met.
- Encouraging them with eating, drinking & personal hygiene when needed.

**Mental Health and Social Care Associate** Dec 2019 - Jan 2020  
[NHS, Manchester](#)

- Band 2 associate
- Learning individuals specific needs to provide the most appropriate one-on-one care.
  - Safeguarding patients
  - Maintaining safety, cleanliness and an enjoyable environment for everyone.
  - Providing direct ad-hoc care to patients on wards and in variety community settings

**Care Assistant** May 2017 - Sep 2017  
[Rosemount Care Home, Greater Manchester Area](#)

- Writing reports on, booking and going with service users to appointments.
- Assistance with cleaning and changing of clothes.
- Maintaining the safety and cleanliness of the home.
- Providing administrative and emotional support to clients and families.
- Supporting with eating and drinking through encouragement and feeding.

## Education and Qualifications

**GCSE's** Sep 2015 - Jul 2016  
[Stockport College, Stockport](#)

9 GCSE Courses, Grade 6 in English and Maths

**NVQ Level 1, 2 and 3 in Health and Social Care** Sep 2017 - Jul 2020  
[The Manchester College, Manchester](#)

With a focus on mental health.

## References

References available on request.